

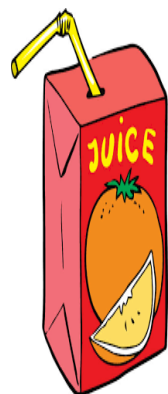
KENWAL DAY CAMP

2023 HOT LUNCH MENU

ALL FOOD IS PREPARED ON SITE DAILY














WK 1



WK 2

WK 3

WK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Beef Hot Dogs or Plant Based "Hot Dogs" Veggie Beans Kraut Fruit Cup 	French Toast Stix Syrup Chips 	Baked Chicken Nuggets or Plant Based Nuggets Mashed Potatoes Fruit Cup 	Pizza Chips 	Penne Pasta Marinara sauce Garlic Bread Fruit Cup
Baked Chicken Patties or Veg. Black Bean Burger Mashed Potatoes Pudding	Cheeseburger or Plant Based Burger Corn Chips	Pancakes Syrup Chips 	Baked Chicken Nuggets or Plant Based Nuggets Mac & Cheese Fruit Cup	French Toast Stix Syrup Chips
Waffles Syrup Fruit Cup 	Baked Chicken Nuggets or Plant Based Nuggets Mashed Potatoes Chips	Meatball Heros or Plant Based "Meatball Heros" Pudding 	Pancakes Chips 	Penne Pasta Marinara Sauce Garlic Bread Fruit Cup
All Beef Hot Dogs or Plant Based "Hot Dogs" Veggie Beans Kraut Chips 	Baked Chicken Nuggets or Plant Based Nuggets Mac & Cheese Fruit Cup	Pancakes Syrup Chips 	Cheeseburger or Plant Based Burger Corn Chips	Pizza Chips 



All sandwiches are available daily on Whole Wheat or White bread. Cold lunch includes the “sides” of our hot lunch of the day. Turkey, Tuna Fish, Salami, Bologna, “Peanut Free” Peanut Butter & Jelly ,Cheese, Plain Jelly, Plain peanut free peanut butter .

A Plant Based Vegetarian option is available on any hot lunch days where meat is served. .

* MENU REPEATS WEEKS 5-8*

**Subject to change without notice

